



NUTRITION OUTPUT FORM

ITEM NUMBER: 40401

ITEM DESCRIPTION: RB BAR OATMEAL CHOCOLATE CHIP - 2.5OZ/48CT

Nutrition Facts	
1 servings per container	
Serving size	1 bar (71g)
Amount per serving	
Calories	280
<small>% Daily Value*</small>	
Total Fat 8g	10%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 230mg	10%
Total Carbohydrate 47g	17%
Dietary Fiber 3g	11%
Total Sugars 20g	
Includes 19g Added Sugars	38%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 150mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

100g NUTRITIONAL	
Basic Components	
Calories (kcal)	395.779
Calories from SatFat (kcal)	36.332
Protein (g)	6.615
Carbohydrates (g)	65.580
Dietary Fiber (2016) (g)	4.472
Total Sugars (g)	27.608
Added Sugar (g)	26.174
Fat (g)	11.882
Saturated Fat (g)	4.037
Mono Fat (g)	2.627
Poly Fat (g)	2.751
Trans Fatty Acid (g)	0.120
Cholesterol (mg)	21.940
Water (g)	13.500
Ash (g)	1.533
Vitamins	
Vitamin A - RAE (mcg)	0.590
Vitamin C (mg)	0.206
Vitamin D - IU (IU)	0
Vitamin D - mcg (mcg)	0.008
Minerals	
Calcium (mg)	36.172
Iron (mg)	2.823
Potassium (mg)	216.403
Sodium (mg)	318.383

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), OATS, CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN, VANILLA FLAVOR), EGGS, SOYBEAN OIL, INVERT SUGAR, CANOLA OIL, MOLASSES, CONTAINS 2% OR LESS OF THE FOLLOWING: WHEY, NATURAL FLAVOR, BAKING SODA, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), XANTHAN GUM, INULIN, SALT.

CONTAINS EGG, MILK, SOY, WHEAT.

CONTAINS BIOENGINEERED FOOD INGREDIENTS.

LAST MODIFIED: 11.10.22
 MODIFIED BY: Jenna Berghof

DOCUMENT REVISION #: 0



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Child Nutrition Statement:

The listed serving size contains 35.93 creditable grains of which 23.95 are whole grains. This provides 2 servings of breads/grains under the Child Nutrition Program using the 16g calculator.

Product Specifications:

UPC	SCC/GTIN	Case	Pack
073321404017	10073321404014	1	48

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
12.6875	7.3125	9.125	0.49	7.5	9

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
20	7	140

Storage/ Handling:

Keep Frozen (0° F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

Preparation Instruction:

1. Thaw and serve. 2. Place wrapped frozen product into a heated holding cabinet at approximately 150-160 degrees F. Frozen product will need 1 hour to become fully heated in the heating unit. Product will stay fresh 3 hours in the unit.

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